

# **Beyond the Rainbow**

## ***Health Policy***

**Beyond the Rainbow Child Care Health Policy**

Director: Tyson Fellman

Street: **1720 W. 4<sup>th</sup> Avenue**

Mailing: SAME

City/State/Zip: **Kennewick, WA 99336**

Telephone: **509-586-3627** Email [btrdaycare@frontier.com](mailto:btrdaycare@frontier.com)

Cross Street: **Rainier St.**

**Emergency Telephone Numbers**

Fire/Police/Ambulance: **911**

**Child Protective Services:** 509-585-3000

Toll Free Reception **1-866-451-5160** or After Hours **855-420-5888**

**Poison Center:** 1-800-222-1222

**Animal Control:**

Franklin County **509-545-3740** Benton County **509-460-4923**

**Nearest Hospital will be used for life-threatening emergencies**

- For non-threatening emergencies, we will defer to parent preferences as listed in the child's registration form.

**Other important Telephone Numbers**

**DCYF Center Licensor:** Consuelo(Connie)Flores

**Phone:** 509-406-2915

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_



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## ***GENEARL CLEANING:***

### Bathrooms:

Bathrooms will be cleaned and disinfected at least once per day. Will use bleach disinfecting solution.

### Floors:

Carpets will be vacuumed daily and professionally shampooed every 6 months  
Vinyl floors will be cleaned and sanitized daily with bleach solution.

Walls: Walls will be cleaned as needed.

### Food contact surfaces:

Tables will be cleaned and sanitized before and after meals.

### Kitchen equipment:

Refrigerators will be cleaned at least once per month. Microwave will be cleaned as needed. Kitchen surfaces will all be cleaned and sanitized after use.

## ***DIAPERING AND TOILETING:***

Children will have their diapers changed regularly and proper procedures will be as followed:

- **Get Organized;**

wash hands and gather what you need.

- **Carry child to diapering area;**

Avoid contact with clothing soiled with urine or stool. Keep a hand on the child at all times.

- **Clean the Child;**

Wipe front to back when cleaning stool/urine off the child.

- **Remove Soiled Diaper;**

Put soiled diaper in a plastic-lined covered trash can. For soiled clothing or cloth diapers put in a plastic bag, close securely, for sending home do not rinse. Remove gloves and dispose immediately. Clean your hands as well as the child's hands with a fresh wipe.

- **Put a clean diaper on the child**

Place a fresh diaper under the child. Use a tissue to apply diapering cream if/when needed. Adjust diaper and fasten then finish clothing the child.

- **Wash Child's Hands**

Take child to sink. Hold child and wash their hands with soap and water. Return the child to supervised area.

- **Wash/Rinse/Disinfect Diapering Area**

Spray both sides of the pad and the changing table surface with sanitizing spray then rinse spray. Spray both sides of the pad and changing table surface with disinfecting solution. Let disinfecting solution sit for 2 minutes. Let air-dry or wipe dry.

- **Wash your hands**

Put cleaning/disinfecting solutions away. Wash your hands. Then record diaper change, diaper contents and any issues in HiMama log.

## ***HAND WASHING:***

Staff and Children will wash their hands when arriving, after using toilet, after diaper changing, after outdoor play, after playing with animals, after touching bodily fluids, before and after eating or food activities. Staff will teach and assist children with hand-washing procedures as follows;

- Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
- Scrub your hands for at least 20 seconds. (children use the battery operated music device)
- Rinse your hands well under clean, running water.
- Dry your hands using a clean towel or air dry them.

### ***HAND SANITIZER:***

Procedure of using hand sanitizers;

- Apply sanitizer to hands
- Cover all surfaces of hands
- Rub hands together until dry

Hand sanitizers or hand wipes may be used by staff and children over 24 months in certain instances when proper hand washing is not practical.

### ***CHILDREN WITH SPECIAL NEEDS:***

We will communicate with child's parents on how to best meet the child's needs. Staff will be trained how to meet specific special needs in their classroom and will follow any IEP's the child(ren) may have.

### ***DENTAL PRACTICES/EDUCATION:***

Children are to brush their teeth after breakfast everyday. Staff will encourage the children to hold the brush with them to show the right way to brush their teeth using the following procedures;

- First, angle the brush towards the gum and brush the inside of their teeth
- Secondly, brush the outsides between the cheek and gums
- Then, brush all the biting surfaces of their teeth using a backwards and forwards motion
- Lastly, gently brush their tongue

Staff will talk to the children during this time to explain how important it is to brush our teeth daily. Each child will have their own labeled tooth brush with an individual cap that will be replaced every 3 months.

### ***NUTRITION MEALS AND SNACKS:***

We will follow the USDA food program guidelines to make sure we are serving nutritious meals and snacks. Which is making sure we have the following items served at each meal;

- **Breakfast;**

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will have Milk, Fruit or Vegetable, and a grain

- **Lunch;**

will have Milk, Meat/Meat Alternates, Vegetable, Fruit and a Grain

- **Snack; (any 2 combinations)**

Fluid (Milk, Water or Juice)

Meat/Meat Alternates

Vegetable

Fruit

Grain

When it is meal/snack time all staff will wash hands and wear gloves prior to handling or serving food to the children. Parents are welcome to view our menu through the HiMama app.

### ***ALLERGIES:***

Any food allergies children may have will have a individual health plan provided by parents/doctors in their file. Parents are to bring in any supplemental food/drink items their child may have due to their allergy.

### ***IMMUNIZATION TRACKING:***

Immunization record will be due upon initial registration as well as when we have our annual registration in September. This will be kept in the child's file. Parents are to bring in any updated immunization their child may have between the time period.

### ***INJURY PREVENTION***

#### ***Zoning:***

Staff are to walk around the classroom/outside area and spend roughly 1 minute with each child and interact with them to encourage positive child behavior.

#### ***Shadowing:***

Staff are to shadow any children who have repeatedly hurt other children,

and assist/show them on how to make positive choices.

**Inspection of inside/Outside Areas:**

Staff are to check around the classroom and/or outdoor areas for potential hazardous dangers. If anything is found we will fix/correct it right away.

***MINOR/MAJOR INJURY RESPONSE:***

**Minor:**

Children sometimes get hurt in childcare. Our staff will provide compassionate care to children that get a minor injury while at the center. Ouch/Incident reports will be documented in the HiMama app. Parents will receive a notification of this upload immediately provided they downloaded the app. All staff will be trained in First Aid and will know where first aid kit is located. First Aid kit will be checked regularly and will be restocked as needed.

**Major:**

Staff will call for help from other staff to call 911, and then provide first aid to child. If no other staff is there to help, staff will check for breathing and circulation and provide CPR if necessary and call for help.

***MEDICATION MANAGEMENT:***

We prefer not to administer medication at the center and ask parents to come to the center to administer medication for their child if possible. If necessary, we will administer medication following the doctor's prescription. Medications given at the center will be documented on the appropriate forms.

***CONTACT or EXPOSURE to BODILY FLUIDS:***

Spills of body fluids, including blood, feces, nasal and eye discharges, saliva, urine, and vomit will be cleaned up immediately. We will wear gloves, clean and disinfect any surfaces or items which body fluids have been spilled. For blood spills or objects with blood on them we will use a strong solution ¼ cup of bleach per 2 ½ cups of water. All fluid-contaminated material will be discarded in a plastic bag that has been securely sealed. Soiled or bloodied clothes will be put in 2 plastic bags and sent home.

***COMMUNICABLE/CONTAGIOUS DISEASE REPORTING:***

The center will prevent diseases by maintaining a clean environment. Diseases will be reported to the Benton Franklin Health department when required. The director will contact Benton Franklin Health department at 509-539-0416 to determine how to manage diseases that affect the center. Parents will be notified if their child is exposed to contagious diseases or parasites by either phone call, verbal, message via HiMama, or posted. When necessary we then will call 911. Parents will be contacted as soon as possible and an incident report will be documented.

***LIFE THREATENING EMERGENCIES AND CHRONIC HEALTH CONDITIONS:***

We will follow any documentation provided by a healthcare provider and parents for any health conditions a child may have. All life threatening emergencies will be handled by following the instructed emergency procedures listed by parents on their child's registration packet. When necessary 911 will be called.

### ***MINOR ILLNESS:***

Children will be screened daily when they first arrive at the center for illness. In the event that a child becomes ill while at Beyond the Rainbow our goal is to assure that your child is well cared for. We also want to protect other children and staff from getting ill. The ill child will be monitored closely and will be kept separate from other children to the best of our ability. Illnesses will be documented via HiMama. The child will need to be picked up as soon as possible.

### ***EXCLUDING ILL CHILDREN/STAFF:***

Children and staff with the following symptoms will be excluded:

- **Diarrhea;** (increased fluidity and/or frequency of bowel movements relative to the person's usual pattern) occurring 3 or more times within 24 hours; or any bloody stool
- **Vomiting;** ( 2 or more times within the past 24 hours)
- **Open or oozing sores;** unless properly covered with cloths or bandages
- **For suspected contagious skin infections;** such as impetigo and scabies: The child may return 24 hours **after** starting antibiotic treatment
- **Fever;** of 100° F under arm (auxiliary) or 101° F orally AND who also have one or more of the following:
  - Earache
  - Headache
  - Sore throat
  - Rash
- **Other contagious illness;** pink eye, strep throat, lice, ringworm or scabies

Fatigue that prevents participation in regular activities, such as sleeping or resting more than usual for that child, not wanting to eat, or multiple cold symptoms that keep the child from regular activities.

Children that develop these symptoms while at child care will be sent home. Parents will be called and be required to pick up their child as soon as possible. Ill children will either be separated from other children by staying in office or by having their own area within the classroom.

### ***RETURN OF ILL CHILDREN/STAFF:***

Following an illness or injury, children or staff will be readmitted to the program when:

- they no longer have the above symptoms
- they have been without fever for 24 hours without being treated by an antiseptic such as acetaminophen (Tylenol) or ibuprofen
- 24 hours have passed since starting appropriate treatment
- they no longer have significant discomfort
- the center has been advised by a Public Health Nurse on communicable disease guidelines for child care

### ***CARE FOR PETS/ANIMALS:***

Beyond the Rainbow do not have pets or animals on the premises.

### ***PEST CONTROL POLICIES:***

Beyond the Rainbow uses natural pest control methods if possible. If pesticides are used, we will apply the application on a Friday evening when all staff and children are gone. Otherwise we will notify parents via HiMama or a posting 48 hours prior to any/all pesticide applications.

